

**Dates:**

- February 2-16, 2025

**Price:**

- Shared Room: \$5500
- Private Room: \$8000

**Includes:**

- Meals
- Accommodations
- Site-seeing
- Program tuition

**Excludes:**

- International flight
- travel expenses to and from India
- *Feb 8-16 tour excludes lunch due to travel and sight-seeing activities, however snacks will be provided. Buffet-style breakfast and dinner will be substantial)*

## Itinerary:

### Yoga Lifestyle Immersion

February 2-8, 2025

Kripalu Samadhi Mandir, Malav, Gujarat

- Arrival in India: February 2<sup>nd</sup> (early check is available on February 1st for extra charge of \$100)
- Check-In: February 2<sup>nd</sup> between 12:00-6:00pm, dinner included
- Opening Session: February 3<sup>rd</sup> at 9:00am

During our stay in Malav, Gujarat, we will be offering a one day *Lakulish Sacred Lineage Tour (included in price)*

During this trip, you will visit:

- Gurudev's childhood hometown, a quaint village specializing in pottery
- Kayavarohan Temple, initiated by Swami Kripalvanandji (Bapuji), dedicated to Lord Lakulish (Dadaji), housing Dadaji Idol
- Halol, Gujarat; The very building where Gurudev was first introduced to Bapuji

### Sacred Sands Tour February 8-16, 2025

Udaipur, Pushkar, Jaipur, Agra, Delhi

- We will be leaving Malav at 12:30pm on February 8<sup>th</sup> to begin our tour
- February 8<sup>th</sup>: Travel bus to Udaipur, Rajasthan from Malav, Gujarat. Check-in and dinner at hotel.
- February 9<sup>th</sup>: Breakfast at the hotel. Guided tour of Udaipur including: City Palace, Jagdish Temple, and sunset boat ride on Lake Pichola. Dinner at the hotel.
- February 10<sup>th</sup>: Breakfast at the hotel & check-out. Travel bus to Pushkar, Rajasthan – Check-in and dinner at the hotel.
- February 11<sup>th</sup>: Breakfast at the hotel. Guided tour of Pushkar including Brahma Temple and Pushkar Lake. Evening camel safari through the desert followed by Kalbelia dancers and dinner.
- February 12<sup>th</sup>: Breakfast at the hotel & Check out. Travel bus to Jaipur. Check-in and dinner at the hotel.
- February 13<sup>th</sup>: Breakfast at the hotel. Guided tour of Jaipur including Amber Fort, City Palace, Jantar Mantar, and Hawa Mahal. Dinner at the hotel.
- February 14<sup>th</sup>: Breakfast at the hotel & check out. Travel bus to Agra. Visit Fatehpur Sikri while enroute. Check-in and dinner at the hotel in Agra.
- February 15<sup>th</sup>: Breakfast at the hotel and check-out. Guided tour of Agra including Taj Mahal and Agra Fort. Travel bus to Delhi. Check-in and dinner at the hotel.
- February 16<sup>th</sup>: Breakfast at the hotel & check-out. Transfer to New Delhi airport for departure.

## When I book my flights, what city should I arrive in? What city should I depart from?

### Arrival:

There are a number of ways to arrange your travel to Kripalu Samadhi Mandir in Malav, Gujarat.

### Suggested Options:

Fly into Ahmedabad (Sardar Vallabhbhai Patel International Airport) & 3 hour taxi to Malav

Fly internationally into Ahmedabad, Delhi or Mumbai and take a domestic flight to Vadodara (Vadodara International Airport) & 1.5 hour taxi to Malav

*Sometimes, it is less expensive to fly internationally into Delhi or Mumbai and book a domestic flight to Vadodara & taxi to Malav.*

*Please let us know 30-days in advance if you would like assistance arranging your taxi to Kripalu Samadhi Mandir from Ahmedabad or Vadodara. We will quote you a price based on what is available and arrange your pick-up.*

Arrive to Kripalu Samadhi Mandir Feb 2<sup>nd</sup> between 12:00-6:00pm for check-in. Optional early check-in Feb 1<sup>st</sup> for \$100 extra, meals included.

**Pack Light** and save room for purchases. At the Kripalu Samadhi Mandir, you can support the local community by having your clothes inexpensively laundered daily.

### Departure:

Our tour concludes in Delhi. Check-out from our hotel on the 16<sup>th</sup> will be by 11:00am. Our bus will take us from the hotel to Delhi International Airport.

If you are leaving India at the end of the tour, we recommend flying out of Delhi International Airport. We recommend booking a late afternoon or evening flight if you would like to travel with our group to the airport. You can also arrange and pay for a taxi through the hotel depending on the timing and details of your travel.

## What vaccinations do I need?

Visit the [CDC website](#) for recommended vaccinations. Consult and arrange for vaccinations with your physician. **Consult your physician regarding medical history, vaccination recommendations, and dosage.**

## Do I need a Passport and/or Visa to go India? How do I get them?

**You need both to enter India.**

Your passport must be valid for up to 6 months following your return to the United States (or origin country) from India and have at least 2 blank passport pages. If you need to acquire or renew a passport, it may take 6 weeks to 3 months to process passport renewal. Start soon by visiting [U.S. Passports and International Travel](#).

There are multiple Visas to select from. Consider the length of your stay in India and then select one of the two options listed below:

If you meet specific eligibility requirements then you may wish to apply for an e-Visa. The e-Visa is an electronic authorization from the government to enter India and is equivalent to a visa, but no stamp or label is placed in your passport.

To be eligible the traveler must:

- Submit for the e-Visa no less than 4 days and no more than 120 days prior to entry into India
- Must be arriving by air or sea at specific airports and seaports
- Traveling for a 180 day or less stay in India
- [https://www.travisa.com/?traveling\\_to=IND](https://www.travisa.com/?traveling_to=IND)

If your stay in India is longer, you will need a Regular Visa:

<https://indianvisaonline.gov.in/visa/>

*Note:* Visa applications often request a local address: The

Kripalu Samadhi Mandir

GJSH193

Malav, Taluka, Kalol

District: Panchamahals

State: Gujarat

Code: 389340

Country: India

Please visit <http://www.kripalusamadhimandirmalav.com/contact/> for more information, noting that addresses in India may not necessarily appear as you are accustomed to.

## Do I need Travelers' Insurance?

We suggest that you be fully covered with theft, loss and especially medical policies. Before your departure from the U.S., review your existing health and homeowner's policies. The Amrit Yoga Institute, Inc. is not responsible or liable for loss, damage or theft of personal luggage and belongings, nor can we be liable for personal injury, accident or illness. In most foreign countries, insurance coverage of personal injury, accident or illness is not available based on US standards. That is why we strongly urge you to check with your insurance agent to make sure you are adequately covered. You can purchase additional insurance from your insurance broker to cover luggage, personal effects and accident and health. **We strongly recommend the purchase of trip cancellation insurance.** Plans typically range from \$50,000 to \$2,000,000 depending on which plan you elect to participate in. Other considerations should be contemplated, including current domestic insurance plans you already participate in, degree of coinsurance participation, and age/overall health. Be sure to carefully review your existing coverage.

*Recommendations for travel insurance:*

[www.imglobal.com](http://www.imglobal.com) – International Medical Group

[www.travelguard.com](http://www.travelguard.com) – Travel Guard

[www.insuremytrip.com](http://www.insuremytrip.com) – Insure My Trip.com

## What do I need to be aware of while travelling?

- Arrive 3 hours ahead of time for all international travel.
- Ensure that your luggage meets the quantity and weight requirements set by your respective airlines. Check [www.tsa.gov](http://www.tsa.gov) for updated requirements for international air travel.
- Ensure that you are bringing only the essential electronics and other valuables that you will use during your trip
- You have packed your carry-on and personal bag with items need for unexpected, or over-night, delay.
- You have retained copies of all pertinent information to this trip in a file that is accessible including:
  - a. Copy of your Passport Photo page
  - b. Copy of your India visa
  - c. Copy of Travel insurance details (highly recommended, not required)
  - d. Copy of your flight itinerary to/ from India
  - e. Emergency Contact information

## Will my cell phone work in India? Will I have internet access?

**In Malav:** WiFi is available at Kripalu Samadhi Mandir. You can utilize WiFi calling at all locations where WiFi is available; however, to use a phone without interruption and in areas without WiFi, you may need to get an international sim card or talk service provided in advance. Please contact your cell phone service provider for more information.

**Sacred Sands Tour:** WiFi will be available on-site and in some local eateries and sites. You may need to get an international sim card or talk service in advance if you wish to make phone calls. There are also several applications available for compatible phones that permit free messaging such as "WhatsApp".

## What is the cancellation policy?

Cancellation on or prior to September 1, 2024

\$1000 deposit is non-refundable for cancellations made on or prior to September 1, 2024. Remaining payment made above \$1000 deposit is refundable. In other words, if you made a \$2000 payment, \$1000 is non-refundable and \$1000 is refundable.

Cancellation on or prior to November 15, 2024

Deposit of \$1000 is non-refundable for any cancellations made on or prior to November 15, 2024. 50% of remaining payment made above \$1000 deposit is refundable. In other words, if you made a \$2000 payment, \$1500 is non-refundable and \$500 is refundable.

Cancellation after November 15, 2024

Payment is 100% non-refundable after November 15, 2024

## What if I must cancel?

Cancellations must be made via email to [abhay@amrityoga.org](mailto:abhay@amrityoga.org).

All refundable portions of payments may be refunded or held on account for three (3) years to use for future programs. If you do not use the monies held on account within three (3) years they may be given to the Amrit Yoga Institute as a tax deductible donation. You may request an official letter stating the amount of your donation.

Payment is 100% non-refundable after November 15, 2024

This includes cancellation, leaving early for any reason and no-show

## What is the payment schedule?

\$1000 Deposit at the time of registration

Payment plans available & must complete December 1, 2024

Full payment due December 1, 2024

Amrit Yoga Institute is not responsible for or have obligations to cover any additional costs or fees you purchased for your trip including but not limited to airfare, currency exchange, supplies, travel insurance. Amrit Yoga Institute also reserves the right to cancel any trip prior to departure. In the event that the Amrit Yoga Institute must cancel the retreat due to "Force Majeure" refunds will be provided to the fullest extent possible dependent on retreat suppliers.

Force Majeure means a party shall not be liable for any failure of or delay in the performance of this agreement for the period that such failure or delay is:

- a. Beyond the reasonable control of a party
- b. Materially affects the performance of any of its obligations under this agreement, and
- c. Could not reasonably have been foreseen or provided against, but will not be excused for failure or delay resulting from only general economic conditions or other general market effects.

A typical list of force majeure events might include war, riots, fire, flood, hurricane, typhoon, earthquake, lightning, explosion, strikes, lockouts, slowdowns, prolonged shortage of energy supplies, and acts of state or governmental action prohibiting or impeding any party from performing its respective obligations under the contract. So if, for example, a hurricane occurred that shut down a location, the seller planning to visit or use that location would not be liable for cancellation of the portion of the trip.

If we cancel a tour you have reserved due to lack of enrollment, the entire amount you have paid to A.Y.I. for the applicable trip will be refunded to you within 30 days after the trip's cancellation.

*At this time, we plan to have Gurudev present for this program. Due to circumstances unforeseen, we cannot guarantee his presence. The cancellation policy remains the same whether he is present or not.*

Please make checks payable to Amrit Yoga Institute or pay and register at [www.amrityoga.org/India2025](http://www.amrityoga.org/India2025)

Amrit Yoga Institute gives notice that services provided are rendered by suppliers who are not its agents or employees. Amrit Yoga Institute assumes no liability for injury, damage, loss, accident, delay, irregularity or additional costs resulting directly or indirectly from the following causes: weather, strikes, civil disturbance, theft, governmental regulations, quarantines, failure of any means of transport to comply with schedules, or changes in transport, or failure of any person to render any lodging or travel service, beyond reasonable control of Amrit Yoga Institute