

Modules	Program Price			Average Annual Cost for Entire Program	Price Per Year for 4 Year Track				Price Per Year for 2 Year Track	
	(Live Online)	Program Price (On Demand)	Program Price (In-Person)		Year 1	Year 2	Year 3	Year 4	Year 1	Year 2
Module 1 - I AM Yoga Nidra™ Professional Training	\$ 1,438.20	\$ 1,438.20	\$ 1,895.00	\$ 1,590.47	\$ 1,590.47				\$ 1,590.47	
Module 2 - General Assessment	-	\$ 499.00	-	\$ 499.00	\$ 499.00				\$ 499.00	
Module 3 - I AM Yoga Therapy I	\$ 799.00	\$ 799.00	-	\$ 799.00	\$ 799.00				\$ 799.00	
Module 3 - I AM Yoga Therapy II	-	-	\$ 1,299.00	\$ 1,299.00	\$ 1,299.00				\$ 1,299.00	
Module 4 - I AM Yoga Nidra™ Advanced Training	-	\$ 899.00	-	\$ 899.00		\$ 899.00			\$ 899.00	
Module 5 - Integral Breath with Carol - Part 1 and 2	-	-	\$ 1,925.00	\$ 1,925.00		\$ 1,925.00			\$ 1,925.00	
Module 6 - I AM Yoga® Advanced Training Meditation in Motion	\$ 2,198.00	-	-	\$ 2,198.00			\$ 2,198.00			\$ 2,198.00
Module 7 - Principles of Ayurveda	-	\$ 699.00	-	\$ 699.00			\$ 699.00			\$ 699.00
Module 8 - Applied Psychology, Yoga Psychology & The Enneagram	-	\$ 299.00	-	\$ 299.00				\$ 299.00		\$ 299.00
Module 8 - Applied Anatomy	-	\$ 1,079.00	-	\$ 1,079.00				\$ 1,079.00		\$ 1,079.00
Module 8 - General Human Anatomy	-	\$ 49.00	-	\$ 49.00				\$ 49.00		\$ 49.00
Module 9 - Putting it Together	\$ 1,000.00	-	-	\$ 1,000.00				\$ 1,000.00		\$ 1,000.00
Module 10 - Practicum	-	-	-	\$ -						
Application Enrollment & Private Mentorship Fee (through entire program) - Non-Refundable				\$ 800.00	\$ 800.00				\$ 800.00	
Total Program Price				\$ 13,135.47	\$ 4,987.47	\$ 2,824.00	\$ 2,897.00	\$ 2,427.00	\$ 7,811.47	\$ 5,324.00
Not Included: Estimated Additional Costs:										
Books				\$ 200.00	\$ 200.00				\$ 200.00	
Yoga Therapy Props				\$ 200.00	\$ 200.00				\$ 200.00	
Travel Cost and Room and Board for In-Person Programs					Travel, Room & Board	Travel, Room & Board	Travel, Room & Board		Travel, Room & Board	
Total Cost				\$ 13,535.47	\$ 5,387.47	\$ 2,824.00	\$ 2,897.00	\$ 2,427.00	\$ 8,211.47	\$ 5,324.00
10% Discount				\$ 1,121.05	\$ 498.75	\$ 89.90	\$ 289.70	\$ 242.70	\$ 588.65	\$ 532.40
Total Cost (after Discount)				\$ 12,414.42	\$ 4,888.72	\$ 2,734.10	\$ 2,607.30	\$ 2,184.30	\$ 7,622.82	\$ 4,791.60
					*Excludes Travel, Room & Board					
										Revised 10.4.2023

IMPORTANT NOTES:
Program prices are subject to change
10% Discount on most courses for Students Enrolled in the 800 Hour Program
Pay for each program as you go
Some programs have payment plan available