

Modules	Nights	Room and Board	Reg Price w/o R&B	Additional 10% off w/o R&B
Module 1 - I AM Yoga Nidra™ Professional Training (Live Online and In-Person)	10	\$ 1,932.00	\$ 1,598.00	\$ 1,438.20
Module 2 - General Assessment (OnDemand Online)	0	\$ -	\$ 499.00	\$ 449.10
Module 3 - I AM Yoga Therapy I (Live Online) & I AM Yoga Therapy II (In-person)	7	\$ 1,050.00	\$ 2,098.00	\$ 1,888.20
Module 4 - I AM Yoga Nidra™ Advanced Training (Live Online)	0	-	\$ 1,299.00	\$ 1,174.00
Module 5 - Integral Breath with Carol - Part 1 and 2 (In-person)	9	\$ 1,350.00	\$ 1,925.00	\$ 1,732.50
Module 6 - I AM Yoga® Advanced Training Meditation in Motion (Live Online)	0	-	\$ 2,198.00	\$ 1,978.20
Module 7 - Principles of Ayurveda (OnDemand Online)	0	\$ -	\$ 699.00	\$ 629.10
Module 8 - Applied Psychology, Yoga Psychology & The Enneagram (OnDemand Online)	0	\$ -	\$ 299.00	\$ 269.10
Module 8 - Applied Anatomy (OnDemand Online)	0	\$ -	\$ 1,079.00	\$ 971.10
Module 8 - General Human Anatomy (OnDemand Online)	0	\$ -	\$ 49.00	\$ 44.10
Module 9 - Putting it Together (Live Online)	0	\$ -	\$ 1,000.00	\$ 900.00
Module 10 - Practicum	0	\$ -		

Application Enrollment & Mentorship Fee - Non-Refundable			\$ 800.00	\$ 800.00
Total Program Price			\$ 12,743.00	\$ 11,473.60
Sub-total Price without Room and Board (R&B) Price			\$ 13,543.00	\$ 12,273.60
Total R&B Price	26	\$ 4,332.00	\$ 4,332.00	\$ 4,332.00
Total Cost including R&B			\$ 17,875.00	\$ 16,605.60
Not Included: Estimated Additional Costs:				
Books		\$ 200.00		
Yoga Therapy Props		\$ 200.00		
Travel to and From Training Location		\$ 1,600.00		