

Modules	Nights	Room and Board	Reg Price w/o R&B	EB Price w/o R&B	Additional 10% off w/o R&B
Module 1 - I AM Yoga Nidra™ Professional Training (Live Online and In-Person)	10	\$ 800.00	\$ 1,800.00	\$ 1,600.00	\$ 1,420.00
Module 2 - General Assessment (OnDemand Online only)	0	\$ -	\$ 499.00	\$ 499.00	\$ 449.10
Module 3 - I AM Yoga Therapy™ Training (Part OnDemand and Part In-person)	12	\$ 960.00	\$ 1,975.00	\$ 1,735.00	\$ 1,537.50
Module 4 - I AM Yoga Nidra™ Advanced Training (Live Online)	6	\$ 480.00	\$ 1,299.00	\$ 1,174.00	\$ 1,174.00
Module 5 - Integral Breath with Carol - Part 1 and 2 (In-person)	9	\$ 720.00	\$ 1,925.00	\$ 1,925.00	\$ 1,732.50
Module 6 - I AM Yoga® Advanced Training Meditation in Motion (Online and In-person)	18	\$ 1,440.00	\$ 2,198.00	\$ 1,948.00	\$ 1,728.20
Module 7 - Principles of Ayurveda (OnDemand Online only)	0	\$ -	\$ 699.00	\$ 699.00	\$ 629.10
Module 8 - Applied Psychology, Yoga Psychology & The Enneagram (OnDemand Online only)	0	\$ -	\$ 299.00	\$ 299.00	\$ 269.10
Module 8 - Applied Anatomy (Online only)	0	\$ -	\$ 1,079.00	\$ 1,079.00	\$ 971.10
Module 8 - General Human Anatomy (OnDemand Online only)	0	\$ -	\$ 49.00	\$ 49.00	\$ -
Module 9 - Putting it Together (In-person only)	4	\$ 320.00	\$ 1,000.00	\$ 1,000.00	\$ 900.00
Module 10 - Practicum	0	\$ -			

Application Enrollment & Mentorship Fee - Non-Refundable			\$ 800.00	\$ 800.00	\$ 800.00
Total Program Price			\$ 12,822.00	\$ 12,007.00	\$ 10,810.60
Sub-total Price without Room and Board (R&B) Price			\$ 13,622.00	\$ 12,807.00	\$ 11,610.60
Total R&B Price	59		\$ 4,720.00	\$ 4,720.00	\$ 4,720.00
Total Cost including R&B			\$ 18,342.00	\$ 17,527.00	\$ 16,330.60
Not Included: Estimated Additional Costs:					
Books		\$ 200.00			
Yoga Therapy Props		\$ 200.00			
Travel to and From Training Location		\$400-\$5000			