

## Amrit Yoga Institute Programs at Canterbury and COVID-19 Communication and Preparation:

### **Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19:**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The Amrit Yoga Institute (AYI) has put in place preventative measures to reduce the spread of COVID-19; however, AYI cannot guarantee that you will not become infected with COVID-19. Further, attending AYI programs could increase your risk of contracting COVID-19.

By checking the box on the registration form related to this page, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending AYI programs and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 during AYI programs may result from the actions, omissions, or negligence of myself and others, including, but not limited to, AYI, employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance in AYI programming (“Claims”). On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless AYI, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of AYI, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any AYI program.

In Addition, “I understand that my name and contact information might be shared with the Florida State health department in the event that a client or practitioner at this facility tests positive for COVID-19. My contact details will only be shared in the event they are relevant based on suspected exposure date, and only for appropriate follow-up by the health department.”

## **In-Person Considerations:**

**Room, Board, and Classroom and Common Areas at Canterbury:** Please visit the Canterbury Retreat Center webpage on COVID-19 Safety in Florida and at their facility:

- <https://canterburyretreat.org/covid-19-announcement/>

**During the Training:** the Amrit Yoga Institute will follow the most up to date Federal, State, and County (of Florida) orders and guidance as it relates to safety while teaching an in-person program. We will consider such things as:

- Implementation of protective measures to promote employee and public safety, including:
  - Class size and duration
  - Space Configuration to maintain social distancing
  - Rules preventing or regarding hands-on adjustments or other touching;
  - Face-covering rules;
  - Rules on the use of mats brought from home and on the sharing of mats;
  - Rules restricting or limiting the use of blocks, blankets, straps, and any other communal equipment;
  - Personal protective equipment requirements for teachers and students; and
  - Hand Washing and Hygiene
- Incident response protocols in the event of a suspected or confirmed COVID-19 case; and
- Incident response protocols in the event of non-compliant students or practitioners

We will communicate During the Training Policies when it gets closer to the date of the training and prior to your arrival.