



PROGRAM SCHEDULES
The Power of Scripture in Practice
Awaken the Power of Prana Shakti

The Power of Scripture in Practice

Jan 21-Jan 27, 2020

Kripalu Samadhi Mandir, Malav, Gujarat

DAILY SCHEDULE*

7:00 AM Aarti	2:30 PM Afternoon Session
8:00 AM Yoga	3:30 PM Chai
9:00 AM Breakfast	5:30 PM Dinner
10:30 AM Morning Session	6:30 PM Aarti
12:30 PM Lunch	7:30 PM Evening Session

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tue
Daily Schedule	Jan 19	Jan 20	Jan 21	Jan 22	Jan 23	Jan 24	Jan 25	Jan 26	Jan 27	Jan 28
8:00 AM	Early Check In	Check In	Optional Yoga	Yoga	Yoga	Lineage Trip to Kayavarohan	Yoga	Yoga	Yoga	Yoga
10:30 AM			Orientation & walking tour of Malav	Gurudev	Gurudev and Devarshi on Bhagavad Gita		Gurudev	Gurudev	CLOSING	Brunch
2:30 - 5:30 PM			OPENING	Scripture Study and I AM Practices	Scripture Study and I AM Practices		Scripture Study and I AM Practices	Kriya Breath Workshop with Devarshi	Optional Experience	Travel to Jaipur
4:00 PM							Bonfire Kirtan			
7:30 PM				Movie Night			Rasa Dance			

*Subject to change

