

Do I need a Passport and/or Visa to go India? How do I get them?

You need both to enter India.

Your passport must be valid for up to 6 months following your return to the United States (or origin country) from India and have at least 2 blank passport pages. If you need to acquire or renew a passport, it may take 6 weeks to 3 months to process passport renewal. Start soon by visiting [U.S. Passports and International Travel](#).

There are multiple Visas to select from. Consider the length of your stay in India and then select one of the two options listed below:

If your stay in India is less than 60 days, we recommend applying for an Electronic Tourist Visa (eTV) here: <https://visas.travisa.com/india-evisa> The process is faster it is less expensive than a traditional Visa. *Note:* You cannot subsequently convert this type of visa to extend your stay; if you feel that is a possibility for you, please apply for the Multiple entry Visa directly below.

If your stay in India is more than 60 days, you will need a Multiple Entry Visa:
<https://visas.travisa.com/traveler-contact-services>

Note: Visa applications often request a local address:

The Kripalu Samadhi Mandir
GJ SH 193
Malav, Taluka, Kalol
District: Panchamahals
State: Gujarat
Code: 389340
Country: India



Please visit <http://www.kripalusamadhimandirmalav.com/contact/> for more information, noting that addresses in India may not necessarily appear as you are accustomed to.

Do I need Travelers' Insurance?

We suggest that you be fully covered with theft, loss and especially medical policies. Before your departure from the U.S., review your existing health and homeowner's policies. The Amrit Yoga Institute, Inc. is not responsible or liable for loss, damage or theft of personal luggage and belongings, nor can we be liable for personal injury, accident or illness. In most foreign countries, insurance coverage of personal injury, accident or illness is not available based on US standards. That is why we strongly urge you to check with your insurance agent to make sure you are adequately covered. You can purchase additional insurance from your insurance broker to cover luggage, personal effects and accident and health. **We strongly recommend the purchase of trip cancellation insurance as group airfares are nonrefundable.** Plans typically range from \$50,000 to \$2,000,000 depending on which plan you elect to participate in. Other considerations should be contemplated, including current domestic insurance plans you already participate in, degree of coinsurance participation, and age/overall health. Be sure to carefully review your existing coverage.

Recommendations for travel insurance:

www.imglobal.com – International Medical Group

www.travelguard.com – Travel Guard

www.insuremytrip.com – Insure My Trip.com

What do I need to be aware of while travelling?

- Arrive 3 hours ahead of time for all international travel.
- Ensure that your luggage meets the quantity and weight requirements set by your respective airlines. Check www.tsa.gov for updated requirements for international air travel.
- Ensure that you are bringing only the essential electronics and other valuables that you will use during your trip
- You have packed your carry-on and personal bag with items need for unexpected, or over-night, delay.
- You have retained copies of all pertinent information to this trip in a file that is accessible including:
 - a. Copy of your Passport Photo page
 - b. Copy of your India visa
 - c. Copy of Travel insurance details (highly recommended, not required)
 - d. Copy of your flight itinerary to/from India
 - e. Emergency Contact information

What are the dates of these events?

The Power of Scripture in Practice

Jan 21-Jan 27, 2020

Kripalu Samadhi Mandir, Malav, Gujarat

Check-in: Jan 20th at 10am (early check is available on Jan 19th for extra charge of \$50)

Program starts: Jan 21st at 10am

Program ends: Jan 27 at noon

During our stay in Malav, we offer a one day optional *Lakulish Sacred Lineage Tour (included in price)* with Gurudev *Shri Amritji and Kamini Desai*. During this trip, you will visit:

- Gurudev's childhood hometown, a quaint village specializing in pottery
- Kayavarohan Temple, initiated by Swami Kripalvanandji (Bapuji), dedicated to Lord
- Lakulish (Dadaji), housing Dadaji Idol
- Halol, Gujarat; The very building where Gurudev was first introduced to Bapuji

Golden Triangle Tour

Jan 28-Feb 3, 2020

Jaipur, Agra, Delhi

We will be leaving Malav on Jan 27th evening to fly to Jaipur. If you plan to meet us for the trip starting with the tour, plan to arrive in Jaipur by Jan 27th evening. The tour ends in Delhi on Feb 3rd. There is an option to stay at Malav from Jan 27-Feb 2nd for \$50/night.

Awaken the Power of Prana Shakti

Feb 4-10, 2020

Acorn Hideaway Resort and Spa, Jim Corbett National Park

Program begins: Feb 4th at 4pm; Program ends: Feb 10th at noon

We will be taking a train from Delhi to Jim Corbett by train on Feb 3rd morning. If you are planning on joining us for this portion of the trip only, please plan to arrive in New Delhi by Feb 2nd night. We will be staying at the Lalit Hotel (not included in price of this portion only). You can make your own arrangements for Feb 2nd night or contact us to see if we have space in the hotel (extra charge). Program ends on Feb 10th and we will be returning by bus to Delhi on Feb 11th.

When I book my flights, what city should I arrive in? What city should I depart from?

The Power of Scripture in Practice (Kripalu Samadhi Mandir, Malav):

Fly into/out of Vadodara (Vadodara International Airport) or Ahmedabad (Sardar Vallabhbhai Patel International Airport). Program starts at 10am on Jan 21st. Arrive by Jan 20th or Jan 19th for early check in (\$50 extra).

Pack Light and save room for purchases. At the Kripalu Samadhi Mandir, you can support the local community by having your clothes inexpensively laundered daily.

Golden Triangle Tour:

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Awaken the Power of Prana Shakti

We will be taking a train from Delhi to Jim Corbett by train on Feb 3rd morning. If you are planning on joining us for this portion of the trip only, please plan to arrive in New Delhi by Feb 2nd night.

What vaccinations do I need?

Visit the [CDC website](#) for recommended vaccinations. Consult and arrange for vaccinations with your physician. We suggest having at least the MMR, Hep A, Typhoid vaccinations administered. You may inquire about weekly Malaria tablets as well (Mefloquine/Larium or Chloroquine).

Please consult your physician regarding medical history, vaccination recommendations, and dosage.

What is the cancellation policy?

In addition to our normal Registration & Cancellation policy, which can be viewed here: <https://amrityoga.org/information/>, the following cancellation policy applies for the India 2020 registrations (please note that where there is overlap in the policies the more stringent policy applies):

Cancellation on or prior to November 15, 2019

- Deposit of \$500 is non-refundable/per individual program for any cancellations made on or prior to November 15. These include: The Power of Scripture in Practice, Golden Triangle Tour, Awaken the Power of Prana Shakti
- Deposit of \$1,650 is non-refundable for any cancellations made on or prior to November 15 for 21-Day Package Program.

Cancellation after November 15, 2019

- Payment is 100% non-refundable after November 15, 2019

What if I must cancel?

Trip must be paid in full by November 15, 2019. Cancellations must be made via email to abhay@amrityoga.org.

Cancellation on or prior to November 15th, 2019:

Deposits (mentioned in the policy) are not refundable. All other payments may be refunded or held on account for three (3) years to use for future programs. If you do not use the monies held on account within three (3) years they may be given to the Amrit Yoga Institute as a tax deductible donation. You may request an official letter stating the amount of your donation.

Cancellation after November 15th, 2019 or early departure (or no shows):

Payment is 100% non-refundable after November 15, 2019

The greater of minimum deposit OR Program Costs (percentage of days completed and expenses paid that will be deducted) and are non-refundable (such as teacher payments and event payments, etc.). This would be determined at the time of cancellation.

Remaining monies beyond the deposit, processing fee and program costs will be held on account for three (3) years to use for future programs. If it is not used within three (3) years the

monies will be given to the Amrit Yoga Institute as a tax deductible donation. You may request a tax deductible donation to be made on your behalf to AYI.

Amrit Yoga Institute is not responsible for or have obligations to cover any additional costs or fees you purchased for your trip including but not limited to airfare, currency exchange, supplies, travel insurance. Amrit Yoga Institute. also reserves the right to cancel any trip prior to departure. In the event that the Amrit Yoga Institute must cancel the retreat due to "Force Majeure" refunds will be provided to the fullest extent possible dependent on retreat suppliers.

Force Majeure means a party shall not be liable for any failure of or delay in the performance of this agreement for the period that such failure or delay is:

- a. Beyond the reasonable control of a party
- b. Materially affects the performance of any of its obligations under this agreement, and
- c. Could not reasonably have been foreseen or provided against, but will not be excused for failure or delay resulting from only general economic conditions or other general market effects.

A typical list of force majeure events might include war, riots, fire, flood, hurricane, typhoon, earthquake, lightning, explosion, strikes, lockouts, slowdowns, prolonged shortage of energy supplies, and acts of state or governmental action prohibiting or impeding any party from performing its respective obligations under the contract. So if, for example, a hurricane occurred that shut down a location, the seller planning to visit or use that location would not be liable for cancellation of the portion of the trip.

If we cancel a tour you have reserved due to lack of enrollment, the entire amount you have paid to A.Y.I. for the applicable trip will be refunded to you within 30 days after the trips cancellation.

Please make checks payable to Amrit Yoga Institute or pay and register at www.amrityoga.org/India2020

Amrit Yoga Institute gives notice that services provided are rendered by suppliers who are not its agents or employees. Amrit Yoga Institute assumes no liability for injury, damage, loss, accident, delay, irregularity or additional costs resulting directly or indirectly from the following causes: weather, strikes, civil disturbance, theft, governmental regulations, quarantines, failure of any means of transport to comply with schedules, or changes in transport, or failure of any person to render any lodging or travel service, beyond reasonable control of Amrit Yoga Institute

Will my cell phone work in India? Will I have internet access?

In Malav: WiFi is available at Kripalu Samadhi Mandir. You can utilize WiFi calling at all locations where WiFi is available; however, to use a phone without interruption and in areas without WiFi, you may need to get an international sim card or talk service provided in advance. Please contact your cell phone service provider for more information.

Golden Triangle Tour/Jim Corbett National Park: WiFi will be available on-site and in some local eateries and sites. You may need to get an international sim card or talk service in advance if you wish to make phone calls. There are also several applications available for compatible phones that permit free messaging such as "WhatsApp".